



HS Clearing Codes

Addictive Craving	There is always a polarity reversal in an addiction. Toxins frequently bring cravings back. sh e eb if e oe a c 9g
Anger	eb e g50 sh g50 sh if e mf lf g50 sh e g50 sh if oe a c 9g un sh un
Anxiety	Frequently a toxin issue. eb sh g50 eb e mf sh if e eb e c e oe a c 9g
Bacterial Infection	Also check for a virus and treat the immune system. Viruses and bacteria often go hand in hand. Check to see how often to repeat. sh mf eb e if e oe a c 9g g50 sh if lf eb e if eb if e oe a c 9g un sh un standard chakra pattern
Balancing Hormones	This is the only code that frequently tests as being necessary to repeat 3 or 4 times a week for 2 to 4 months. sh eb e g50 sh g50 sh eb e sh if oe a c 9g un un standard chakra pattern
Bites and Stings	This code will help with the discomfort from bites and stings. Read it as often as you like, but start with 3 times as soon as you are aware of the bite or sting. un lf g50 lf g50 sh if eb if eb if g50 sh if eb if eb if lf eb sh eb sh if oe a c 9g un sh un
Depression	sh g50 eb sh if g50 if oe a c 9g un if g50 eb if oe a c 9g
Fear	e mf sh if eb sh eb if e oe a c 9g
Hidden Bacteria	sh if eb if eb sh if g50 if g50 sh if eb if eb sh if g50 if g50 sh if oe a c 9g un sh un standard chakra pattern #1, two times
Hidden Virus	sh eb e g50 sh g50 sh if e mf lf g50 sh e g50 sh if e mf lf g50 sh eb e g50 sh if e mf lf g50 sh e g50 sh eb e g50 sh if e mf lf g50 sh e g50 sh if oe a c 9g un un standard chakra pattern
Immune System Booster	sh if eb mf sh if e eb e sh if e oe a c 9g un standard chakra pattern
Influenza Virus	sh e eb g50 sh eb e g50 sh if e mf lf 3rd eye g50 sh e g50 sh g50 sh if e mf lf liver g50 sh e g50 sh if e mf lf g50 sh e g50 sh if oe a c 9g un sh un standard chakra pattern twice
Jet Lag	Check for toxins since airplane air and food are highly toxic. (West to East) sh mf if eb sh if eb e if e oe a c 9g standard chakra pattern (East to West) sh mf eb e if e sh if e oe a c 9g standard chakra pattern
Pain (Emotional)	sh mf g50 eb sh if e oe a c 9g

Pain (Physical)	un if g50 sh if eb if oe a c 9g
Pit Viper Anti-Venom	sh g50 ch un g50 3rd eye eb th a c 9g un sh un
Poison Ivy & Poison Oak	If you get into one of these toxic plants, make sure you wash the area with a good soap as the toxins are oil based and stick to the skin and spread when touched to other areas. Read the code as often as needed. mf g50 sh g50 sh if eb if eb if liv g50 sh g50 sh if eb if eb sh if oe a c 9g un sh un
Stress	This code balances the hypothalamus (which is the true master gland), your hormones and most neurotransmitters, thereby, releasing stress and moving your system into a peaceful state. Simply place a finger under the upper lip between the two front teeth, then read the following code three times. Do this as often as needed. This will help to release stress in the present moment as well as that from old trauma that may be activated by things like family gatherings and celebrations. sh g50 sh if g50 sh eb if eb if eb sh if sh if g50 if sh if eb if eb if eb oe a c 9g un sh un
Sunburn	Read the code as often as is helpful, but at least twice in a row, three times daily. First read the code normally; the second time read it silently, with the tip of the tongue touching the roof of the mouth just behind your front teeth. This is the hypothalamus touch point and doing this will help with relieving the sunburn pain when you are sleeping. Un sh g50 sh g50 sh if eb if eb if lf sh if g50 sh if eb if eb if oe a c 9g un sh un
Toxic Energy (From People)	un g50 eb sh if lf if sh g50 eb sh if lf if oe sh if eb sh eb sh eb sh eb if lf sh if eb if eb if e oe a c 9g standard chakra pattern
Toxin Clearing Algorithm (General)	sh mf eb if eb if e sh if e oe a c 9g g50 sh un sh un sh un if eb if eb sh if e oe a c 9g un sh un standard chakra pattern
Toxins - Residue	g50 sh if e eb e sh if e oe a c 9g g50 eb e mf sh if e oe a c 9g standard chakra pattern
Toxins - Contactants	sh un sh un if eb e if e eb e if e oe a c 9g un sh un standard chakra pattern
Toxins - Hard Hitting Inhalants	sh mf if mf eb if mf sh if e oe a c 9g un sh un standard chakra pattern
Toxins - Ingestants	sh mf sh mf if eb if eb if eb e sh if eb e if e oe a c 9g standard chakra pattern
Toxins - Injectants (Bites)	sh if g50 eb sh if lf if sh eb e if lf eb sh if lf eb sh if g50 eb lf sh if lf sh if eb e lf sh if e oe a c 9g un standard chakra pattern
Trauma/Clearing Code	e lf eb mf eb if e oe a c 9g
Virus	Check for bacteria and treat the immune system. sh eb if sh if e lf sh if e oe a c 9g g50 sh if eb e if eb e if e oe a c 9g un g50 sh g50 sh if eb e if e oe a c 9g un sh un standard chakra pattern